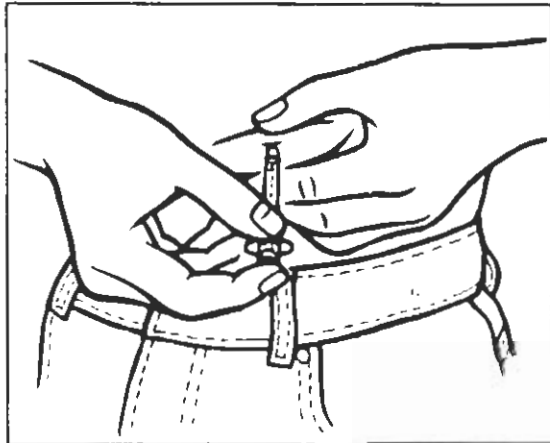
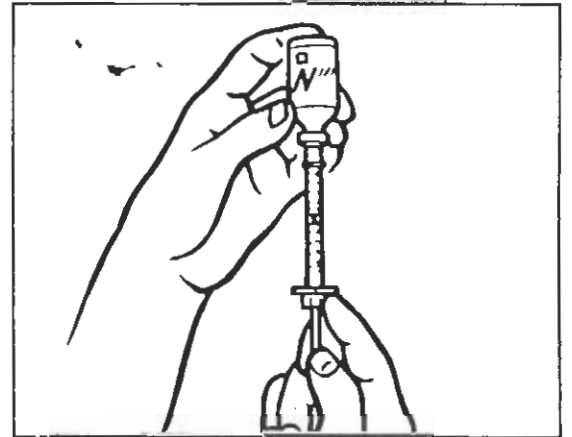
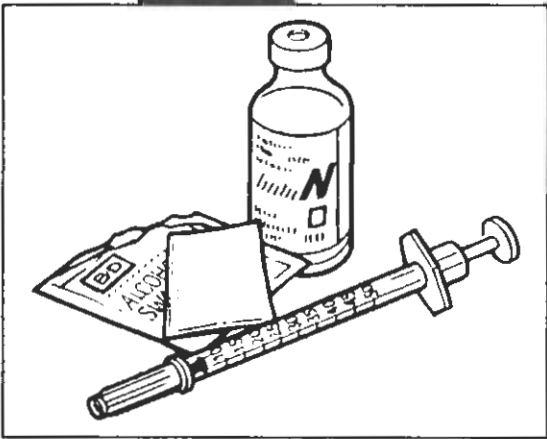


B-D

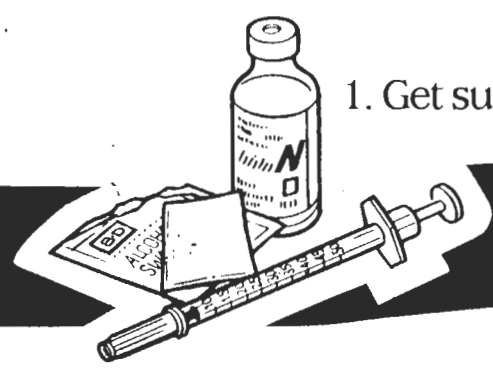
GETTING STARTED®

Drawing and Self-Injecting Insulin

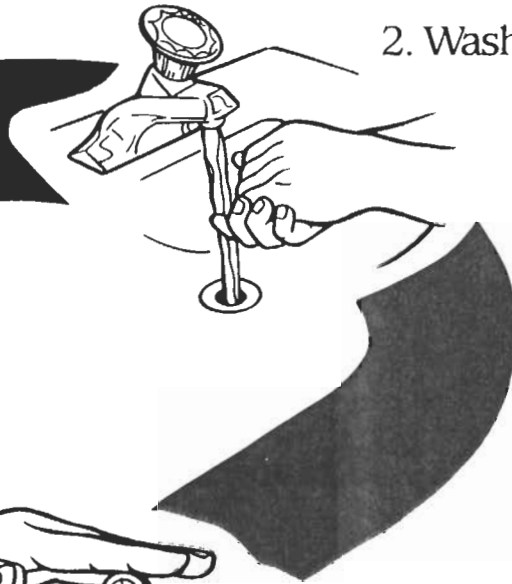


**BECTON
DICKINSON**

1. Get supplies



2. Wash hands



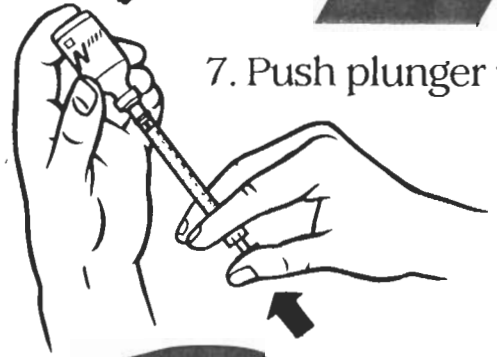
3. Roll bottle



4. Wipe top of bottle with B-D Alcohol Swab



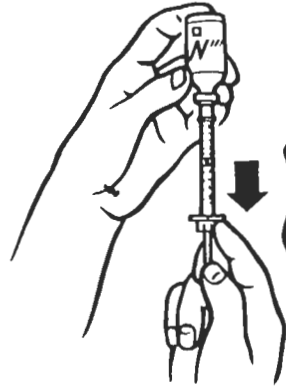
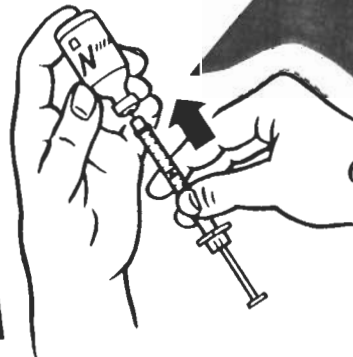
7. Push plunger up



5. Pull plunger down to _____ units

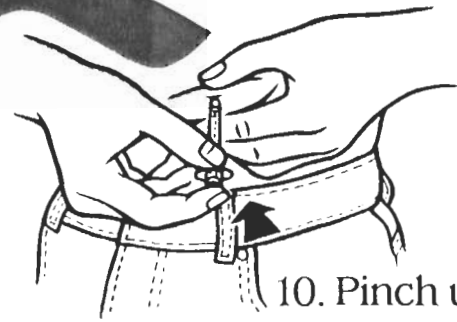


6. Push needle into bottle





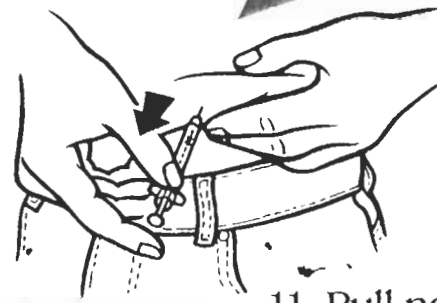
9. Pick injection site
Wipe with B-D Alcohol Swab



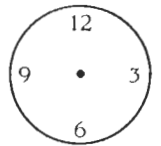
10. Pinch up skin
Push needle into skin
Push plunger in



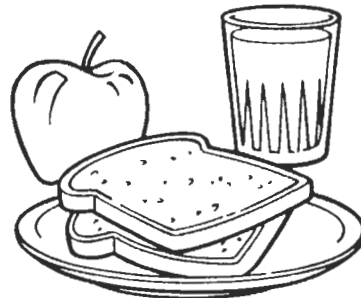
8. Pull plunger down
to _____ units



11. Pull needle out



12. Dispose syringe safely
Check your town rules



13. Eat _____ later

